## **Tae Kwon Do Teaching and Training Hours**

Date:											Total
Teaching Hours:											
Training Hours:											
Teacher Initials*:											
Date:											Total
Teaching Hours:											
Training Hours:											
Teacher Initials*:											
Date:											Total
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Teacher Initials*:											
					1						
Date:											Total
Teaching Hours:											
Training Hours:											
Teacher Initials*:											

<sup>\* -</sup> initials needed for teaching hours only, and only for Brown, Red and Navy Blue Belts